

# Miss Shirley's

CAFE

Award Winning Breakfast, Brunch & Lunch

## Fall 2023 Vegan Menu

### Wake Up Your Taste Buds

#### GRAPEFRUIT BRÛLÉE **V+** **NF** **DF** **GF**

Garnished with Blueberry & Mint 6.

#### CHARM CITY CHIA PUDDING **V+** **NF** **DF** **GF**

Chia Seeds, Vanilla, Maple Syrup & Coconut Milk, topped with Raspberry Purée, Fresh Blueberries & Sliced Banana, garnished with Mint 10.

#### ANSELA'S OATMEAL **V+** **NF** **DF** **GF**

Steel Cut Oats, Tri-Colored Quinoa, Vanilla, Agave & Coconut Milk, topped with Apple Compote, Dried Cranberries, Pumpkin Seeds & Cinnamon Sauce drizzle 10.

#### SHREDDED POTATO & ONION

#### HASH BROWNS\*\* 6. **V+** **NF** **DF** **GF**

#### SWEET POTATO QUINOA SALAD **V+** **NF** **DF** **GF**

Roasted Sweet Potato, Tri-Colored Quinoa, Dried Cranberries, Green Onion & Toasted Pumpkin Seeds, with Apple Cider Maple Vinaigrette 6.

#### MIXED GREENS **V+** **NF** **DF** **GF**

Diced Tomato & Balsamic Poppyseed Vinaigrette 5.

#### SEASONAL FRUIT MEDLEY **V+** **NF** **DF** **GF**

Honeydew, Pineapple, Watermelon, Grapes, Blueberries & Strawberries 10.

#### VEGAN BAGEL **V+** **NF** **DF**

Toasted Plain Bagel, served with Preserves 5.

## Gluten-Free *Griddle Cakes*

Served with Grade A Pure Maple Syrup, dusted with Powdered Sugar.

#### Choice of: PLAIN\*\* 17. **V+** **NF** **DF** **GF**

#### FRESH BANANA, PINEAPPLE, STRAWBERRY or BLUEBERRY\*\* 19. **V+** **NF** **DF** **GF**

## House Specialties

#### VEGAN AVOCADO & HUMMUS TOAST **V+** **NF** **DF**

Half Avocado Mash & Half House-Made Hummus on Toasted Sourdough, garnished with Tri-Colored Cherry Tomatoes, Chives & Olive Oil drizzle 12.

#### VEGAN BREAKFAST BOWL **V+** **NF** **DF** **GF**

Roasted Sweet Potato, Sautéed Spinach, Roasted Corn, Roasted Tri-Colored Cherry Tomatoes & Onion with Lemon & Dill, Pickled Jalapeños & Sliced Avocado 18.

#### VEGAN AUTUMN KALE SALAD **V+** **NF** **DF** **GF**

Kale, Baby Spinach, Roasted Sweet Potato, Broccoli & Cauliflower, Red Onion, Craisins & Pumpkin Seeds, with House-Made Apple Cider Maple Vinaigrette 15.

#### Choice of Side for Sandwiches Below:

Shredded Potato & Onion Hash Browns; Sweet Potato Quinoa Salad; or Mixed Greens with Balsamic Poppyseed Vinaigrette.

**Substitute:** Seasonal Fruit Medley +3.

#### ROASTED VEGGIE BAGEL SANDWICH **V+** **NF** **DF**

Chickpea & Avocado Mash, Spinach, Roasted Red Pepper & Cremini Mushrooms on a Toasted Plain Bagel 15.

#### VEGAN PARK PLACE POWERHOUSE **V+** **NF** **DF**

Avocado Mash, House-Made Hummus, Spinach, Cucumber, Red & Yellow Tomato, Red Onion & Roasted Red Pepper on Sourdough 16.

**KEY:** **V+** Vegan **NF** Nut-Free **DF** Dairy-Free **GF** Gluten-Free

\*\*Cross-contact with items containing Gluten and/or Non-Vegan Items.

#### Consumer Advisory Information:

\*Please speak to the manager regarding any known food allergies or dietary restrictions prior to ordering. Miss Shirley's Cafe will use reasonable efforts to prevent the introduction of the allergen of concern into the food through close attention during our sourcing, preparation and handling processes. However, it is ultimately up to the guest to use his or her individual discretion to make an informed choice regarding whether to order any particular items. Miss Shirley's Cafe cannot guarantee that allergens may not have been introduced during another stage of the food chain process or, even inadvertently, during preparation. We do not have separate kitchens to prepare allergen-free items or separate dining areas for guests with allergies or intolerances.

#### COVID-19 Warning

We have taken enhanced health and safety measures—for Guests, Team Members, & Vendors. You must follow all instructions while on premises of Miss Shirley's Cafe. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and Guests with underlying medical conditions are especially vulnerable. While on premises of Miss Shirley's Cafe you voluntarily assume all risks related to exposure to COVID-19. Help keep each other healthy.